

Directed Enhanced Service for Osteoporosis in General Practice

Reference: DES09

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1. Financial Details

This agreement is time limited for the financial years of 2008/09 and 2009/10.

Practices will be paid on a sliding scale once minimum thresholds have been reached for the three criteria set out below.

Criteria	Proportions Reached in Year 1 (%)		Proportions Reached in Year 2 (%)	
	Lower Threshold	Upper Threshold	Lower Threshold	Upper Threshold
1	20	50	40	60
2	70	90	70	90
3	70	90	70	90

For 2008/09 an average practice will receive £196.07 for achieving the upper thresholds (this is based on the GMS census taken on 30th September 2007 which gives the average number of women aged 65 and over per practice as 560).

The maximum amount that practices can earn in 2008/09 is included at the end of this document.

2. Service Background

Promoting health and wellbeing is an essential, core function of general practice and is not an enhanced service function. This service specification outlines an extended level of care to be provided within general practice settings.

Osteoporosis is an important health problem through its association with age related (fragility) fractures. Fractures of the hip, wrist and spine are the most frequent osteoporotic fractures.

3. Service Aims

The aim of this DES is to encourage practices to confirm the diagnosis of osteoporosis and to prescribe pharmacological secondary prevention, in line with the PCT prescribing guidelines to patients with osteoporosis.

NICE Technology Appraisal 87 Bisphosphonates etc. for the secondary prevention of osteoporotic fragility fractures in post-menopausal women [When treating with bisphosphonates] states that unless clinicians are confident that women who receive osteoporosis treatment have an adequate calcium intake and are vitamin D replete, calcium and/or vitamin D supplementation should be provided.

4. Service Criteria

The contractor has a duty to ensure that the staff involved in the provision of this service have the relevant knowledge, and are appropriately trained in the operation of the service.

As a prerequisite practices will need to maintain an electronic register of women aged 65 and older with fragility fractures sustained after 1st April 2008. Practices are expected to have the appropriate IT systems in place to hold an accurate register.

Criteria 1

Practices will need to keep a register of the number of women aged 65-74 with a history of a fragility fracture in the previous 12 months who have had a diagnosis of osteoporosis confirmed by DEXA scan.

Criteria2

Practices will need to demonstrate that at least 70% of the patients identified in Criteria 1 are being treated with a bone sparing agent and to ensure that patients being prescribed bisphosphonates receive adequate calcium and Vitamin D3.

Criteria 3

Practices will need to keep a register of the number of women aged 75 and over with a history of a fragility fracture in the previous 12 months who have had a diagnosis of osteoporosis confirmed by DEXA scan. Practices will need to demonstrate that at least 70% of these patients are being treated with a bone sparing agent and to ensure that patients being prescribed bisphosphonates receive adequate calcium and Vitamin D3.

5. Monitoring & Audits

Practices will need to complete an audit at the end of each year to report the numbers of patients that fall under each criteria.

Total Number of Women registered at the practice aged 65-74	
Total Number of Women who fit into Criteria 1	
Total Number of Women who fit into Criteria 2	
Total Number of Women registered at the practice aged 75 and over	
Total Number of Women who fit into Criteria 3	

6. Signature Sheet

This document constitutes the agreement between the practice and the PCT in regards to this national enhanced service.

Practice Stamp:

Principle Signature on behalf of the Practice:

Signature	Name	Date

Signature on behalf of the PCT:

Signature	Name	Date

PRACTICE CODE	Total Female >65	Maximum Payment Per Criteria	Total Payment Available 08/09
F82001	402	£ 140.75	£ 422.25
F82003	189	£ 66.17	£ 198.52
F82004	413	£ 144.60	£ 433.80
F82005	319	£ 111.69	£ 335.07
F82012	702	£ 245.79	£ 737.36
F82015	318	£ 111.34	£ 334.02
F82017	343	£ 120.09	£ 360.28
F82018	811	£ 283.95	£ 851.85
F82023	415	£ 145.30	£ 435.91
F82025	320	£ 112.04	£ 336.12
F82027	289	£ 101.19	£ 303.56
F82034	134	£ 46.92	£ 140.75
F82035	317	£ 110.99	£ 332.97
F82038	418	£ 146.35	£ 439.06
F82040	157	£ 54.97	£ 164.91
F82042	245	£ 85.78	£ 257.34
F82051	618	£ 216.38	£ 649.13
F82054	191	£ 66.87	£ 200.62
F82604	272	£ 95.23	£ 285.70
F82612	388	£ 135.85	£ 407.55
F82621	176	£ 61.62	£ 184.87
F82625	200	£ 70.03	£ 210.08
F82629	135	£ 47.27	£ 141.80
F82634	148	£ 51.82	£ 155.46
F82642	291	£ 101.89	£ 305.66
F82645	167	£ 58.47	£ 175.41
F82647	132	£ 46.22	£ 138.65
F82650	202	£ 70.73	£ 212.18
F82660	319	£ 111.69	£ 335.07
F82661	169	£ 59.17	£ 177.51
F82665	86	£ 30.11	£ 90.33
F82667	53	£ 18.56	£ 55.67
F82668	185	£ 64.77	£ 194.32
F82676	174	£ 60.92	£ 182.77
F82677	262	£ 91.73	£ 275.20
F82678	117	£ 40.96	£ 122.89
F82679	242	£ 84.73	£ 254.19
F82680	301	£ 105.39	£ 316.16
F82687	167	£ 58.47	£ 175.41
F86040	242	£ 84.73	£ 254.19
Y01280	50	£ 17.51	£ 52.52
Y01719	113	£ 39.56	£ 118.69
Y01795	132	£ 46.22	£ 138.65